



# FALL FACTS IN ALBERTA SENIORS

**Falls** are the leading CAUSE OF INJURIES amongst Alberta Seniors.



2% motor vehicle collisions



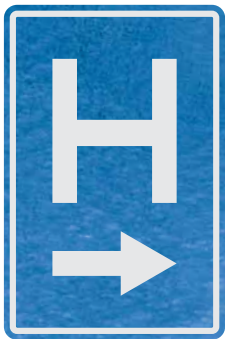
67% FALLS

31% other

95%



of all HIP FRACTURES are a direct result of falling.



Fall-related injuries account for almost **10,000** seniors' HOSPITAL ADMISSIONS 2019

Every day:

**101**

Seniors visit the EMERGENCY DEPARTMENT

**& 27**

are admitted to the HOSPITAL

and stay for an average of

**40%** of all LONG-TERM CARE ADMISSIONS are a direct result of falling

**22**  
DAYS



KNOWLEDGE. LEADERSHIP. ACTION.  
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**KEEP YOUR MOCCASINS MOVING!**

*Kee Tas Kee Now Tribal Council | [injuryprev@ktcadmin.ca](mailto:injuryprev@ktcadmin.ca)*

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