

HAVE YOUR EYES CHECKED

- Visit an eye doctor for an eye exam every year.
- Elders with low vision are 2.5 times more likely to fall.
- A full eye exam will test your vision and look for issues like glaucoma and cataracts.

Alberta Health Care covers the cost of eye exams for adults 65 and older and NIHB covers the cost for adults 64 and under.



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